



CRÉDOC   Universiteit Antwerpen


*Reference Budgets Network
Developing a common methodology for cross-nationally
comparable reference budgets in Europe
Concluding seminar*



Comparing the French ONPES-CRÉDOC-IRES
programme and the European Pilot Methodology
on food and kitchen equipment

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Outline

1. The French food recommendations
2. The ONPES-CRÉDOC-IRES reference budget programme
3. Common points in the two methodologies
4. Differences in the two methodologies
5. Results



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CRÉDOC / **The French food recommendations**

The National Nutrition and Health Programme

- 9 guidelines
 - 7 for food
 - 1 for drink
 - 1 for physical activity
- No precise quantities
- Widely spread
- A website for more info: www.mangerbouger.fr (eat and move!)

BIEN MANGER, BOUGER, PROTÈGE VOTRE SANTÉ.

Eau à volonté 5 par jour au moins

A chaque repas selon l'appétit

1 ou 2 fois par jour

3 par jour

Viandes, œufs et poissons

Produits laitiers

Féculents

Sucré

Gras

Saté

Fruits & légumes

limiter la consommation

Programme National Nutrition Santé

Pour plus d'informations www.mangerbouger.fr

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CRÉDOC / **The ONPES-CRÉDOC-IRES reference budget programme**

- At the request of the French National Observatory of Poverty and Social Exclusion (ONPES)
- Research carried out by two research centres, CRÉDOC and IRES, in 2012-2014
- A methodology inspired by the British Minimum Income Standard (University of Loughborough for Joseph Rowntree Foundation)

Programme National Nutrition Santé

Pour plus d'informations www.mangerbouger.fr


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CRÉDOC / **Common points in the two methodologies (1)**


- A mixed methodology using the points of view of:
 - ordinary people in focus groups
 - experts
- Which basket of goods and services are needed to be socially included?
- The participants discuss the needs of a reference household (and not their own needs)



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CRÉDOC / **Common points in the two methodologies (2)**




- The pricing is done by the teams of researchers, following the opinions of the focus groups
- The groups are socially mixed
- Method: the participants try to find a consensus, or explain their differences of opinion



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CRÉDOC / **Differences in the two methodologies (1)**

<i>ONPES CRÉDOC IRES</i>	<i>European project</i>
<ul style="list-style-type: none"> • 2 medium-sized French towns 	<ul style="list-style-type: none"> • The 28 European capitals
<ul style="list-style-type: none"> • 31 groups (2012-2014) 	<ul style="list-style-type: none"> • 3 focus groups (2015)
<ul style="list-style-type: none"> • Groups of <ul style="list-style-type: none"> - Adults of working age - Adults of retiring age 	<ul style="list-style-type: none"> • Only adults of working age








CRÉDOC / **Differences in the two methodologies (2)**

<i>ONPES CRÉDOC IRES</i>	<i>European project</i>
<ul style="list-style-type: none"> • Age of children: Boy of 11 and girl of 15 	<ul style="list-style-type: none"> • Age of children: Boy of 10 and girl of 14
<ul style="list-style-type: none"> • Homogeneous family profiles 	<ul style="list-style-type: none"> • Heterogeneous family profiles
<ul style="list-style-type: none"> • All areas of budget 	<ul style="list-style-type: none"> • Food and kitchen equipment
<ul style="list-style-type: none"> • A more participative approach 	<ul style="list-style-type: none"> • A more normative approach








CRÉDOC		Results (1)		
Monthly expenses	Single person	Couple without children	Couple with 2 children	
Usual meals				
ONPES-CRÉDOC-IRES	185 €	347 €	543 €	
European methodology	165 €	328 €	632 €	
European methodology / ONPES methodology (in %)	89%	95%	116%	
Alcohol (for usual meals)				
ONPES-CRÉDOC-IRES	21 €	44 €	32 €	
European methodology	5 €	10 €	10 €	
European methodology / ONPES methodology (in %)	24%	23%	31%	



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CRÉDOC		Results (2)		
Monthly expenses	Single person	Couple without children	Couple with 2 children	
Kitchen Equipment				
ONPES-CRÉDOC-IRES	23€	30 €	32 €	
European methodology	14 €	14 €	27 €	
European methodology / ONPES methodology (in %)	61%	47%	83%	



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Thank you for your attention!

We are ready for questions
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More results on
www.onpes.fr
www.credoc.fr

