

## COUNTRY FACT SHEET ON RBs: SPAIN

SPAIN					
	2009	2014	2015	2019	2020
Name	“Presupuestos familiares” (Family Reference Budgets (ES)) / Standards Budgets (UE)	Reference budgets for social participation ( <a href="#">ImPRovE project</a> )	<a href="#">Pilot project</a> for the development of a common methodology on Reference Budgets in Europe	The cost of a healthy diet for families with 0-6 children in Barcelona (Spain), using the methodology of Reference Budgets	Spanish Sustainable Food Basket
Year of first construction	2009	2014	2015	2019	2020
State of use	In use	In use for cross-national research	In use for cross-national research	Under preparation for publication	Submitted paper
Key moments	2009: First RBs in Spain 2010: Online tool with RBs as a financial support.	2012: Start of WP13 of the <a href="#">ImPRovE project</a> (run by CSB, Belgium).  2012 - 2014: Compiling the baskets, based on one theoretical and methodological framework for six European cities. Starting point was a common list of goods and services, that was adapted by each country partner in function of differences in institutional settings, climate, culture, and the availability and prices of goods and services.  October 2013: Collecting the prices for food budget  January 2014: Test focus group	12/2013: start of European Reference Budgets Network <a href="#">project</a> (run by CSB & Applica, Belgium)  2014: review of guidelines & literature and expert consultations for the development of the Food Basket (domain coordinator), Personal & Health Care, and gathering information on Housing market/policies in Spain.  March 2015: Focus Groups in Madrid  April 2015: Pricing procedure for the Food and Personal & Health Care baskets.  May 2015: Final Results for the Healthy Food	09/2018. Start of the project 10/2018: review of guidelines & literature for the development of the Food Basket for babies and toddlers and update the basket for other children profiles and adults. 11/2018: 2 Panels with dietitians and translation into monthly food baskets 12/2018: 2 Focus Groups with families with children living in different socio-economic backgrounds in Barcelona. 01/2019: adaptations of the food basket and kitchen equipment 02/2019: pricing	09/2019. Start of the project 09-12/2019: review of guidelines & literature for the development of the Sustainable Food Basket 10-12/2019: Delphi with professionals with expertise on healthy eating and/or sustainability 02/2020: consultations life cycle analysis and food technology experts 02-05/2020: adaptations of the food basket and design of 3 levels of adherence to sustainability criteria and pricing

		<p>February - March 2014: Focus group discussions</p> <p>April 2014: Collecting the prices for clothing, food, health and personal hygiene.</p> <p>Summer 2014: Collecting the prices for other baskets</p> <p>Autumn 2014: Calculating the full budget</p> <p>Winter 2015: Calculating the poverty line based on the reference budget</p>	Basket, Personal and Health Care.		
Geographical focus	Madrid	Barcelona	Madrid	Barcelona	Barcelona
Data used	<ul style="list-style-type: none"> <li>- Household budget data</li> <li>- Expert knowledge</li> <li>- Focus group decisions</li> </ul>	<ul style="list-style-type: none"> <li>- Expert knowledge</li> <li>- Other survey data</li> <li>- Focus group decisions</li> <li>- (Inter)national or regional guidelines</li> </ul>	<ul style="list-style-type: none"> <li>- Expert knowledge</li> <li>- Other survey data</li> <li>- Focus group decisions</li> <li>- (Inter)national or regional guidelines</li> </ul>	<ul style="list-style-type: none"> <li>- Expert knowledge</li> <li>- Focus group decisions</li> <li>- National and regional guidelines</li> </ul>	<ul style="list-style-type: none"> <li>- Expert knowledge</li> <li>- National and regional guidelines</li> </ul>
Household types	Two employed adults and a 16 year old child; Two adults and two adolescents; couple with no children; single person household (male or female); calculation of the impact that a baby	Adults at active age (30-50 years old) and children in primary and secondary education: (1) a single person (man/woman); (2) a couple; (3) a single woman with a child (boy, 10 years old) and (4) a couple with 2 children (one boy, 10 years old and one girl, 14 years old).	1) a single person household (man/woman); 2) a single parent household (woman) with 2 children; 3) Couple (man & woman), plus 2 children (boy 10 y old, primary school; girl 14y old, secondary education).	Adults: woman and man in active age and the following children profiles: 1) 0-6 months breastfeeding 2) 0-6 months formula milk 3) 6-12 months 4) 1-3 years 5) 3-5 years 6) 6-12 years 7) girl 12-18 years 8) boy 12-18 years	Adults: man in active age

	would have on a family's finances.				
Institutions involved	<a href="#">ADICAE</a> . Asociación de Usuarios de Bancos, Cajas y Seguros	Six institutions involved, run by <a href="#">CSB</a> , Belgium. ES: Grup de Recerca en Pedagogia, Societat i Innovació amb el suport de les TIC ( <a href="#">PSITIC</a> ), Facultat de Psicologia, Ciències de l'Educació i de l'Esport Blanquerna Universitat Ramon Llull (FPCEEB-URL)	54 institutions involved, run by <a href="#">CSB</a> and <a href="#">Applica</a> ES: Grup de Recerca en Pedagogia, Societat i Innovació amb el suport de les TIC ( <a href="#">PSITIC</a> ), Facultat de Psicologia, Ciències de l'Educació i de l'Esport Blanquerna Universitat Ramon Llull (FPCEEB-URL)	Global Research on Wellbeing ( <a href="#">GRoW</a> ), School of Health Science Blanquerna Ramon Llull University (FCSB-URL) and <a href="#">PSITIC</a> (FPCEEB-URL)	Global Research on Wellbeing ( <a href="#">GRoW</a> ), School of Health Science Blanquerna Ramon Llull University (FCSB-URL) and <a href="#">PSITIC</a> (FPCEEB-URL)
Key publications	Machado Martín, J.J. & Martínez Asenjo, A (2009).	Goedemé <i>et al.</i> (2015b); Goedemé <i>et al.</i> (2019); Carrillo <i>et al.</i> (2016a); Cussó <i>et al.</i> (2018).	Goedemé <i>et al.</i> (2015a); Carrillo <i>et al.</i> (2016b)	Publications not yet. Preliminary results were presented in Panel 10 Towards Resilient Nordic Welfare States. University of Helsinki, March 2019 and 2 <sup>nd</sup> EU-Reference Budgets Platform Meeting, September 2019, CSB-UA.	Carrillo <i>et al.</i> (2021); Congreso Internacional SIPS 2021. XXXIII Seminario Interuniversitario de Pedagogía Social (10/21); 4th EPRB anual meeting (06/21); 3 <sup>rd</sup> Congreso de Alimentación, Nutrición y Dietética (11/20)
Updates	-	2019 (Healthy Food Basket)	-	-	-
Last update	2009	2014. However, in 2016 the ImPRovE reference budgets for Barcelona have been validated for densely populated areas in Catalonia using additional focus groups with teenagers and adults. See: Cussó, 2017. Also the Healthy Food basket has been updated in 2019 (see column 2019).	2015	2019	2020

Reference: EU Platform on Reference Budgets (2022). Country fact sheet on reference budgets in Spain, March 2022, Antwerp: EPRB.

## All available publications about RBs in Spain

ADICAE. (2009). [La economía de los consumidores frente a la crisis. Guía para el uso de presupuestos familiares de referencia en la gestión de la economía doméstica](#), *Guía Práctica*, 419. Madrid: ADICAE. Presentation of the use of RBs for budget advice. RBs constructed in the framework of “Standards Budgets Project” (2008-2009) funded by PROGRESS.

Carrillo-Álvarez, E., Cussó Parcerisas, I., Anguera Salvatella, M., Muñoz Martínez, J., Riera Romaní, J. (2020). [Guia per a una alimentació saludable i de mínim cost per a famílies amb infants](#). Barcelona: Ajuntament de Barcelona.

Carrillo-Álvarez, E., Cussó Parcerisas, I., Anguera Salvatella, M., Muñoz Martínez, J., Riera Romaní, J. (2020). [Llibret “Alimentació saludable i econòmica per a les famílies amb infants. Consells, propostes de menús i llistes de la compra per preparar àpats saludables per a tota la família amb un pressupost reduït](#). Barcelona: Ajuntament de Barcelona.

Carrillo-Álvarez, E., Cussó-Parcerisas, I., Muñoz-Martínez, J. (2020). Determinación del coste mínimo para una alimentación sostenible en España al alcance de todos, *Rev Esp Nutr Hum Diet*, 24(Supl. 1): 45 – 46. (abstract 3rd Congreso de Alimentación, Nutrición y Dietética, november 2020).

Carrillo, E., Cussó-Parcerisas, I., Riera, J. (2016a). Development of the Spanish Healthy Food Reference Budget for an adequate social participation at the minimum, *Public Health Nutrition*, 19(17), 3232-3244. doi: 10.1017/S1368980016001026.

Carrillo-Álvarez, E.; Muñoz-Martínez, J.; Salinas-Roca, B.; Cussó-Parcerisas, I. (2021). Estimating the Cost of the Spanish Sustainable Food Basket through the Reference Budgets Approach. *Sustainability*, 13, 9401. <https://doi.org/10.3390/su13169401>

Carrillo Álvarez, E., Pintó Domingo, G., Cussó Parcerisas, I., Riera Romaní, J. (2016b). *The Spanish Healthy Food Basket. Complete Report. Pilot project for the development of a common methodology on Reference Budgets in Europe*. Available at: <http://hdl.handle.net/2072/266434>.

Cussó Parcerisas, I. (2017). *Una nova aproximació a la pobresa infantil. Aplicació de l'indicador europeu “reference budgets” a Catalunya per a àrees densament poblades*. Barcelona, Spain: Universitat Ramon Llull, PhD thesis. Chapters in English: Results, Discussion & Conclusions. Available at: <http://www.tdx.cat/handle/10803/404842>.

Cussó Parcerisas, I., Carrillo Álvarez, E., Riera Romaní, J. (2016). *Reference Budgets for Social Participation: leading the way to a social inclusive society. What we learned and results for Spain*. Available at: <http://hdl.handle.net/2072/266433>.

Cussó-Parcerisas, I., Carrillo Álvarez, E., Riera-Romaní, J. (2018). What is the Minimum Budget for an Adequate Social Participation in Spain? An Estimate Through the Reference Budgets Approach, *Child Indicators Research*, 11(1), 263-290. doi: 10.1007/s12187-016-9429-4.

Cussó-Parcerisas, I., Carrillo Álvarez, E., Riera-Romaní, J. (2019). Rethinking poverty in Barcelona with the new European indicator Reference Budgets, *Barcelona Societat Journal*, (23), 52-65. Available at: [https://ajuntament.barcelona.cat/dretssocials/sites/default/files/revista-ingles/04\\_cusso-carrillo-riera-profunditat-23-en.pdf](https://ajuntament.barcelona.cat/dretssocials/sites/default/files/revista-ingles/04_cusso-carrillo-riera-profunditat-23-en.pdf).

Cussó-Parcerisas, I., Carrillo Álvarez, E., Riera Romaní, J. (2020). Estimating the Cost of Raising a Child in Catalonia through the Reference Budgets Approach in: Deeming, C. (ed.). *Minimum Income Standards Research*, p.155-168. Bristol: The Bristol University Press. ISBN: 978-1447352952.

Machado Martín, J.J., Martínez Asenjo, A. (2009). 5.5. Spain. In: Warnaar, M., Luten, A. *Handbook of Reference Budgets*. Utrecht: Nibud, 81-93. Available at: [https://www.nibud.nl/wp-content/uploads/Handbook\\_of\\_Reference\\_Budgets.pdf](https://www.nibud.nl/wp-content/uploads/Handbook_of_Reference_Budgets.pdf).